TCORS 2.0

University of Michigan & Georgetown University

Center for the Assessment of Tobacco Regulations [CAsToR]

Exclusive, dual, and poly tobacco use is associated with the incidence of acute bronchitis among youth

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BACKGROUND

This study aims to evaluate prospective associations between exclusive, dual, and poly tobacco use and parent-reported diagnosed of bronchitis, pneumonia, or chronic cough among a nationally representative sample of US youth.

METHODS

- **Population**: Adolescents 12-17 years from Population Assessment of Tobacco & Health Study, waves 1-5 (2013-2019) (including participants who age up into the youth sample).
- **Exposure**: Time-varying, lagged (t-1) past 30 day tobacco use:
 - Exclusive cigarette use
 - Exclusive Electronic Nicotine Delivery systems use (ENDS)
 - Exclusive other combustible use (OC)
 - Dual use of ENDS + cigarettes or OC
 - Dual use of cigarettes + OC
 - Polyuse of cigarettes + ENDS + OC
 - Non-current use (referent)
- **Outcome**: Parent-reported diagnosed bronchitis, pneumonia, or chronic cough.
- Analysis: Weighted multilevel Poisson models (person n=17,662; 43,577 observations). Adjusted by time-varying age, and baseline covariates: sex, race/ethnicity, parental education, second hand smoke exposure, household use of combustible products, and BMI.



IRR [95% CI] Person N = 17,662; Observations N = 43,577; Reference: Non current use

Exclusive cigarette, exclusive ENDS, dual use, and polyuse increased the risk of diagnosed acute bronchitis, pneumonia, or chronic cough among youth.

Incidence Rate Ratio

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KEY FINDINGS

• We found an association between exclusive, dual, and polyuse and the incidence of acute bronchitis, pneumonia, or chronic cough among youth. • This association was stronger for polyuse of tobacco products. • The lack of association of exclusive OC use can be explained by lower frequency of use and smaller sample size. • These findings provide evidence that both combustible tobacco and ENDS use among youth is associated with negative acute respiratory health outcomes. Limitation: conflation of bronchitis, pneumonia and chronic cough as single outcome.

HELPER