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Retail availability of tobacco and cigarette and e-cigarette use among youth and adults: a scoping review.

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Current state of research

- Limiting tobacco retailer availability may be an effective tobacco control strategy to reduce smoking and improve public health in the population
- Understanding the relationship between retailer exposure and tobacco use patterns in both youth and adult populations is essential for evidence-based policy making
- Evidence on the associations between tobacco retailer density/proximity and smoking outcomes is mixed
- There are inconsistencies in measures of retailer exposure and tobacco use outcomes across studies



Review objectives

- Qualitative analysis of empirical evidence on the association between tobacco retailer density and proximity and tobacco use, by distinguishing between:
 - adult and youth population
 - > study locations (homes vs. schools vs. daily activity spaces)
 - measures of retailer exposure (ego-centric buffers vs. administrative units)
 - multiple tobacco use outcomes (e.g. current smoking, lifetime smoking, cessation)
 - cigarette and e-cigarette use



Methods

- A systematic literature search was conducted through August 27, 2020 across MEDLINE (PubMed), Web of Science and Google Scholar databases with no restrictions.
- Search strings were created via the advanced search builder using text word combinations in the Title or Abstract relating to retail availability (i.e. "retail", "sale*", "density", "proximity", "distance", "availability") and product use (i.e. "smoking", "tobacco use", "cigarette*, "e-cigarette*").
- Eligibility screening was performed independently by two reviewers.



Results

- 35 studies, published between 2003 and 2019, were included in the qualitative synthesis
 - 15 studied outcomes in adults and 20 in youth
 - 29 examined cigarette use, 4 focused on e-cigarettes, 2 on alternative/non-combustible tobacco products that included e-cigarettes

Main outcomes related to smoking behavior

Retailer density and adult smoking

- Positive association for current smoking and person-centered measures around homes (two of two studies) and in daily activity spaces (one of one)
- Positive association for current smoking and administrative unit measures (two of three)

Retailer proximity and adult smoking

- Limited evidence for an association with current smoking (one of three)
- Greater retailer proximity to homes was associated with higher cessation (two of three).

Retailer density and youth smoking

- Positive association of person-centered measures around homes and in daily activity spaces with current smoking (two of two) and lifetime smoking (one of one).
- Positive association for administrative unit measures and lifetime smoking (three of four)
- Positive for density around schools and experimental smoking (one of one) and greater susceptibility to smoke (two of two).

Retailer proximity and youth smoking

 Retailer proximity to homes or schools was not related to adolescent smoking.



Main outcomes related to e-cigarette use

Existing studies focused on e-cigarette retailer availability near schools and suggest that youth current e-cigarette use may be related to retailer density (one of three), but not proximity (none of three).

Conclusions

- Overall, our findings support the view that reducing the number of tobacco retailers may help reduce adult and youth smoking prevalence.
- Different measures of retailer density /proximity were applied (generally consistent with recommendations of the PhenX Toolkit for tobacco regulatory research), and neither measure provided a clear advantage in revealing associations.
- There is need for more research using standardized methodology to allow for better comparability between studies.
- Studies examining associations between retailer availability and e-cigarette use are scarce and further research is warranted.



